

## **Pilgrimage Preparation: Participant Questions and Terry Gibson's Answers 02/10/07**

**Where to exchange money along the way? ATM's exist all along the way and give the best currency exchange rates.**

**Should we bring Euros from home? The ATMs dispense in Euros so no need to bring any along**

**Will we be able to use credit cards for meals each day? Have backup Euros always for the smaller restaurants and venues, but credit cards accepted all along the route.**

**What role do Terry & Linda play in the over all event? Are there lectures? Meditations? Dream discussions? Morning or evening check-ins? Our leaders will be lecturing, teaching, guiding, and holding sacred space including silent meditation while walking in the mornings and lectures at our opening and closing events.**

**Does the group exclusively move as a group each day or will be there time to go off on our own? The plan now is to begin and end each walking day together, though we will probably do the path at different paces and stay in touch by leader cell phone connection. Specifics of these logistics will be worked out with dialogue in the group at the opening Leon seminars and with the concurrence of the M and B path guide. We'll check in every day over dinner and modify as needed.**

**May we go on individual excursions and is it a good idea to arrange these through M&B? We will aim to end each day's walking early enough for those desiring to explore the various towns we stay in to have such ample wandering time, read, take naps, draw, journal, have an afternoon latte/tea etc.. Also, we can work out options of some of the possible side trips with our M and B path guide as these come up.**

**Once we get to Santiago, some folks are thinking of leaving the group, do they arrange further travels through M&B? Yes, that would be best. They should contact Clara as soon as they can to get the best rooms/rates/options.**

**Luggage limitations** as well as assistance if one packs a large cumbersome bag. *As always with contemporary travel, travel light with drip dry, easy to clean/manage clothing. Bring compact luggage that has sturdy wheels with a strong pull out guiding handle so that you can easily roll to and from the support van.*

**Packing recommendations:** *As above, lightweight, small, compact. Review our original preparation suggestion letter and the on-line Power Point presentation from December. Also, just browse at a Borders and on-line articles and books (like Rick Steves guides) about various light-travel ideas. Everybody has their own unique twist on how to best travel compact to meet their particular needs. But everyone should remember that there is a baggage support van, and unlike most other Pilgrims en route, we'll be able to walk with just very light day packs. Bring a good, comfortable, ergonomic day pack with well padded straps and waist cinch. Select one, along with your boots, with the help of a knowledgeable sales consultant like one finds at places like REI. In your training walks, wear the selected boot and pack with the weight of the ten-essential materials you actually will have on the pilgrimage. Remember to have a quality sun-rain hat, sunglasses and light, polypro-layered clothing in that day pack as Galicia is a lot like the Pacific Northwest and one can expect a wide-range of temperature fluctuations and moisture patterns in the course of a long-days amble.*

To view Terry's slideshow presentation on-line, go to [www.jungseattle.org](http://www.jungseattle.org)

**Should we pack as if packing for camping?** *No, though, as in the slide presentation, plan for what you'd bring on a day hike to go in your path backpack—the ten light essentials.*

**Will laundry facilities be available if needed?** *I found laundries in most towns and also bring RElish drip and dry polypro clothing that I can usually wash in the late afternoon and it is dry by the a.m.*

**What are the clothing requirements for churches?** *Just make sure you have pull over wind pants etc to cover up shorts as some churches restrict bare legs for both women and men and shoulders for women.*

**Daily water needs, supplies, and water bottle availability** *I bring two 16 water bottles and there is lots of shop-sale water en route—I usually buy and drink the store water and save the water bottles—which usually are still in my pack unused at day's end—there for emergencies.*

**Should we bring power bars / snack mix from home?** *Yes COSTCO etc. bulk-buy your preferences and put a couple of such items in each day's day-pack. Remember to bring along plenty of high-block sunscreen and your medications and personal first-aid kit aids such as aspirin etc.*

**On the days that "we" walk, is there any transportation or are our feet the sole transportation for that day?** *We are planning to walk about 6-10 miles per day. We will have a support vehicle for anyone who needs it. On the days that we change hotels the vehicle will transport our luggage to the next destination. We carry only our daypacks while walking.*

**I am very interested in seeing Black Madonnas. Is that likely to occur on this trip? Will that be an interest of other participants who have already signed up?** *It is not a part of our itinerary. Perhaps you might add a few days at the beginning or ending of your journey to do so.*